

## Final Timetabel

## Throws Grand Prix

Event No	Time	Event	Pool	Info
	9:45	Seated Throws	One	
	10:00	Discus	One	
	11:00	Javelin	One	
	11:15	Discus	Two	
	12:15	Javelin	Two	
	12:45	Hammer	Two	
	14:00	Shot	One	
	15:30	Shot	Two	
	15:30	Hammer	One	

All athletes will receive 1 warm up and 5 competition trials